



Ypsi Mix

312 N River Street, Ypsilanti MI

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www.ypsifoodcoop.org

GMM Recap and Board Election

Congratulations!

New and Returning Board members:
Susan Carter
Nancy Christensen
Cheryl Weber

About 25 members attended this year's Annual General Membership Meeting at the Ypsi Freight-house. The 2016 Annual Report was presented by the GM, Corinne Sikorski, and an update was given by Board President, Cheryl Weber. If you would like to see the Annual Report a copy is available in store at the register.

After the meeting concluded the best potluck in

town kicked off! Thank you to everyone who brought a dish to pass, the food was wonderful! As everyone was enjoying their food our board verified membership and counted the election results.

Congratulations to our new and returning board members and thank you to everyone who ran and voted in this year's election! Thank you to our staff and board

for their support in helping this year's election run smoothly!

Susan Carter and Cheryl Weber are returning to the board excited to continue moving YFC forward!

Nancy Christensen is joining the board with a strong passion for cooperative movements!

Click here to read the full [board bios](#).

Farmer's Market Season!

YFC is proud to be part of the local Washtenaw economy and support shopping local! One way we are able to do this is by participating in various Farmer's Markets. This season YFC will be participating in three different Farmer's

Markets:

Cobblestone Farmer's Market
Tuesdays from 4-7pm,

Dixboro Farmer's Market
Friday's from 3-7pm,

Depot Town Farmer's Market
Saturday's 9am-1pm.

Watch our Facebook for updates on market goodies, new items, and market pictures each week.

We are excited about expanding our reach to new market's and customers! See you at the market!

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Customer Info Corner:

YFC currently has over 800 active member-owners, including Gold Card members! Every year we ask our member-owners to renew their membership which includes filling out a form with all their current information. This is very important as it allows us to keep our members in the know

about all things YFC. If any of your information has changed since your time of renewal or since you became a Gold Card member we still need your current information. You can update your information by filling out our 'Membership Information

Change' form available at the register. By providing your current information— address and e-mail- we are able to keep you in the know about all things YFC. Help us make sure everyone is able to participate fully in our cooperatively owned YFC!

Sustainability Series: Water Wisdom

Have you ever wondered why YFC doesn't have bottled water?

Environmental issues: Billions of bottled waters are transported all over the world using an excessive amount of energy during production and distribution. The process and high demand for bottled water drains the Earth's limited fossil fuels. According to the Earth Policy Institute in Washington D.C. the amount of water bottles produced for American consumption requires 1.5 million barrels of oil yearly.

Remember the plastic issue we discussed in the April Mix...bottled water is a huge plastic issue...especially when most aren't recycled! According to a 2001 report by the World Wide Fund for Nature (WWF) about 1.5 million tons of plastic is used to bottle 89 billion liters of water yearly.

Possible health concerns: As plastic bottles heat up or become older with reuse phthalate (synthetic substance used in plastic) leaks into the water inside the

bottle. Do you want to drink this? These environmental concerns are increasing due to the lack of proper regulations on bottled water corporations...along with questionable ethics practiced by these corporations.

Ethics issues: Corporations like Nestle, Coca Cola, Pepsi, etc. are profiting from privatizing what is being argued as a human right...access to safe, affordable water.

Nestle has recently come under scrutiny for actions such as: extracting millions of gallons of water from draught stricken California (2016) and making moves towards draining water from our Great Lakes (2017)! Similarly, bottled water corporations move into areas where people do not have access to safe reliable water. The corporations then 'lap' up the water supply and charge varying prices for the bottled water and ship it outside of the local community. An example of this is Fiji water... a popular

brand in the U.S. with more than 1 million bottles produced daily...yet over half the people in Fiji do not have clean reliable drinking water.

What do we do about this? Some U.S. cities have imposed a 10 cent bottled water tax in an effort to reduce litter and decrease oil usage. Stop buying single use plastic water bottles...switch to a reusable water bottle—not plastic preferably stainless steel. Research the companies and be smart about what/who your money is supporting. Recycle plastic bottled waters!

How is YFC addressing this issue? We don't carry bottled water except for 1 gallon and 5 gallon (returnable) local Arbor Spring Water. We also have our reusable stainless steel YFC water bottles for sale!

Live more sustainable, more environmentally and socially conscious...be water wise!

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YPSILANTI FOOD CO-OP

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Friday June 2, 6:00-8:00pm

First Friday with Steve Somers and Friends

Join YFC for First Friday and enjoy an evening of live music from co-op members and local musicians!

Saturday June 10, 12-3

Tasting: Grillos Pickles

Come taste this delicious 100 year old family recipe from Travis Grillo. It all started at a small market in Boston with garden-fresh, all natural, and refreshingly delicious pickles.

Thursday June 15, 6:00-7:00pm

"YFC Grocery Talk& Tour"

Free samples are included and a 10% grocery discount is given for attending. Everyone is welcome and new members are especially invited to join!

Saturday June 17, 3-5

Atwater Beer Tasting with Clay!

Enjoy your Saturday by stopping by YFC to taste some delicious cold beer with the one and only Clay! There may or may not be singing and dancing!

Sunday June 18

Father's Day

Look for all your father's day needs at YFC this month

June Events

Tuesday June 20, 6:30pm

YFC Board Meeting

Board meetings are open to the membership to observe; except when an executive session is called.

Saturday June 24, 12-3

Tasting: Coconut Bliss

Come cool off with some delicious vegan, gluten-free, paleo approved, and certified organic coconut ice cream. You won't want to miss out on this refreshing treat!